

TABLE OF CONTENTS

Unit Introduction: Along the Silk Road	1
Welcome from Yo-Yo Ma	1
Rationale and Introduction to Lessons	1
Unit Goals	4
Connections to Curriculum Standards	5
Materials	8
Equipment	8
Planning around the Multiple Intelligences	9
Time and Suggested Sequence of Activities	9
Subjects and Suggested Grade Levels	10
Lesson One: Mapping the Silk Road	11
Handout 1: Introduction to the Silk Road	18
Handout 2: Physical Map of the Silk Road	20
Handout 3: Major Silk Road Routes	21
Handout 4: How Long Would It Take You to Walk the Silk Road?	22
Handout 5a: Traveling the Silk Road: Chang'an to Dunhuang	24
Handout 5b: Traveling the Silk Road: Dunhuang to Kashgar (Southern Route)	25
Handout 5c: Traveling the Silk Road: Dunhuang to Kashgar (Northern Route)	26
Handout 5d: Traveling the Silk Road: Across the Pamirs	27
Handout 5e: Traveling the Silk Road: Ferghana Valley to Merv	28
Handout 5f: Traveling the Silk Road: Merv to Antioch	29
Handout 6: A Journey along the Silk Road	30
Transparency: Silk Road by Segments	31
Teacher Information: Segments of the Silk Road	32
Answer Key: A Journey along the Silk Road	35
Lesson Two: The History of the Silk Road	37
Handout 1: A Brief History of the Silk Road	41
Handout 2a: Profile of Zhang Qian	45
Handout 2b: Profile of Xuan Zang	49
Handout 2c: Profile of Marco Polo	52
Handout 2d: Profile of Khubilai Khan	55
Handout 2e: Profile of Rabban bar Sauma	57
Handout 2f: Profile of Sir Aurel Stein	58

Event Cards: Silk Road Timeline	60
Answer Key: Silk Road Timeline	65
Lesson Three: Language and Communication	67
Handout 1: Six Silk Road Regions	75
Handout 2: Language Card Worksheet	76
Handout 3a: An Introduction to Heelotian Culture	77
Handout 3b, An Introduction to Hokie Culture	79
Handout 4a & b: Leading the National Meeting of the Heelots, and Leading the National Meeting of the Hokies	81
Handout 5: Reflections	82
Handout 6: Languages along the Silk Road	83
Transparency 1: Six Silk Road Regions Answer Key	85
Transparency 2: Languages of the Silk Road Region	86
Transparency 3: Indo-European Language Tree	87
Teacher Information: Using Simulations	88
Tokens: Red	90
Tokens: Gold	91
Lesson Four: Trade along the Silk Road	93
Handout 1a: Merchant Information: Romans	99
Handout 1b: Merchant Information: Turks	100
Handout 1c: Merchant Information: Persians	101
Handout 1d: Merchant Information: Central Asians	102
Handout 1e: Merchant Information: Indians	103
Handout 1f: Merchant Information: Chinese	104
Handout 2: Trade Log	105
Handout 3: Completed Trade Log (Sample)	108
Handout 4: The Dynamics of Trade along the Silk Road	111
Handout 5: New Silk Road Trade Scenarios	113
Transparency 1: Products Traded along the Silk Road	116
Transparency 2: Silk Road Exchange Simulation	117
Transparency 3: Tracing Trade Routes	118
Teacher Information: Running the Silk Road Exchange Simulation ...	119
Name Tags	122
Coins	123
Product Card A: Gold	124
Product Card B: Felt Rugs	125
Product Card C: Glass Beads	126

Product Card D: Horses	127
Product Card E: Ivory	128
Product Card F: Silk Robes	129

Lesson Five: Belief Systems along the Silk Road131

Seven Thematic Headings	137
Handout 1: Belief Systems along the Silk Road	138
Handout 2a: Belief Systems along the Silk Road: Hinduism	140
Handout 2b: Belief Systems along the Silk Road: Islam	141
Handout 2c: Belief Systems along the Silk Road: Christianity	142
Handout 2d: Belief Systems along the Silk Road: Buddhism	143
Handout 2e: Belief Systems along the Silk Road: Daoism	144
Handout 2f: Belief Systems along the Silk Road: Shinto	145
Handout 2g: Belief Systems along the Silk Road: Confucianism	146
Handout 2h: Belief Systems along the Silk Road: Judaism	147
Handout 3: Task Sheet for Posters	148
Handout 4: Comparing Belief Systems	149
Handout 5: The Silk Road: The Internet of Antiquity	150
Quotation Masters 1–7	151
Transparency 1: Jews of Kaifeng	158
Transparency 2: Map of Principal Belief Systems	159
Transparency 3: Discussion Questions	160
Teacher Information: Belief Systems along the Silk Road	161

Lesson Six: Arts of the Silk Road165

Handout 1: Arts of the Silk Road	169
Handout 2: Buddhist Iconography	171
Handout 3: Symbols in Buddhist Art	174
Handout 4: Recording Grid for Images 1–5	176
Handout 5: Recording Grid for Images 6–18	177
Handout 6: Poetry about the Silk Road	178
Teacher Information 1: Arts of the Silk Road	179
Teacher Information 2: Interpretive Text	181
Answer Key: Buddhist Iconography	188

Lesson Seven: Music of the Silk Road189

Handout 1: Silk Road Instruments Task Sheet	194
Handout 2: Music of the Silk Road and the Silk Road Ensemble	195
Handout 3: Instruments of the Silk Road	196

Handout 4: Silk Road Instruments (Wall Map Activity)	197
Instrument Cards 1–22	198
Transparency 1: Silk Road Instruments	220
Transparency 2: Map with Silk Road Instruments	221
Answer Key: Instruments of the Silk Road	222
Lesson Eight: Human Migration in Historical Perspective	223
Handout 1: Introduction to the Study of Migration	228
Handout 2: Reconstructing Silk Road Migration Patterns	234
Handout 3: Introduction to the Genographic Project	236
Handout 4: Migration Venn Diagram	237
Answer Key: Migration Venn Diagram	239
Conclusion: Debriefing the Unit	241
Handout 1: Textbook Article Instructions	245
Handout 2: Silk Road Challenge Task Sheet	246
Handout 3: Silk Road Challenge Score Sheet	247
Handout 4: Impact of the Silk Road	248
Answer Cards	251
Question Cards	252
Transparency: Rules for the Silk Road Challenge	253
Appendices	255
Adaptations for Younger Students	256
Bibliography and References	261
Suggested Resources	263