

SARAH J. JAVIER

CURRICULUM VITAE

**POSTDOCTORAL FELLOW IN
HEALTH SERVICES RESEARCH**

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HSR&D Center for Innovation to Implementation

VA Palo Alto Health Care System (152-MPD)
Building 324, Room B-129
795 Willow Rd. | Menlo Park, CA 94025

POSTDOCTORAL SCHOLAR

E-mail: sjavier@stanford.edu

Center for Health Policy

Freeman Spogli Institute for International Studies

Center for Primary Care & Outcomes Research

Stanford School of Medicine
Encina Hall East, Room E010
616 Serra St. | Stanford, CA 94305

Research Interests: health disparities, cultural determinants of mental and behavioral health, sociocultural barriers to accessing mental health care, health care politics and policy, cultural tailoring of intervention and prevention programs, program evaluation, substance abuse and sexual risk

EDUCATION

2017 PH.D. IN HEALTH PSYCHOLOGY

Department of Psychology
Dissertation: Sustainable adapted treatments for eating disorders: The role of cultural adaptation in prevention

VIRGINIA COMMONWEALTH UNIVERSITY

Richmond, VA

2013 M.S. IN HEALTH PSYCHOLOGY

Department of Psychology
Thesis: A dual dilemma: An examination of body dissatisfaction among Asian American females in emerging adulthood

VIRGINIA COMMONWEALTH UNIVERSITY

Richmond, VA

2010 B.S. IN PSYCHOLOGY

Department of Psychology

TULANE UNIVERSITY

New Orleans, LA

GRANTS & FELLOWSHIPS

2015 – 2017

R36 DISSERTATION AWARD (PI: JAVIER)

Funding Source: Agency for Health Care Research and Quality

Title: SATED: A Cultural Pre-Treatment for Disordered Eating Prevention Programs

Grant No: 1 R36 HS023731-01-A1

Support: \$43,028

September –
October 2015

DISSEMINATION ACTIVITY AWARD (PI: JAVIER)

Funding Source: American Psychological Association

Title: Promoting Smoking Dissemination Strategies Among Doctoral Students with LGBT Clients

Support: \$600

P R O F E S S I O N A L A P P O I N T M E N T S

2018 – present

POSTDOCTORAL SCHOLAR

Stanford University (Stanford, CA)

Center for Health Policy, Freeman Spogli Institute for International Studies and Center for Patient-Centered Outcomes and Research, Stanford School of Medicine (CHP/PCOR)

POSTDOCTORAL FELLOW IN HEALTH SERVICES RESEARCH

VA Palo Alto Health Care System – Menlo Park Division (Menlo Park, CA)

Health Services Research & Development Center for Innovation to Implementation (Ci2i)

2017 – 2018

EVALUATOR

Global Evaluation and Applied Research Solutions, Inc. (Lanham, MD)

Conducted comprehensive evaluations of programs funded by the federal government. Developed skills in project management, conducting structured process interviews, qualitative analysis of focus groups and in-depth interviews, quantitative analysis of large-scale data sets, data curation, developing detailed process and workflow maps, writing technical reports and white papers, and interfacing with federal agency stakeholders.

2015 – 2016

GRADUATE POLICY SCHOLAR

American Psychological Association (Washington, DC)

Public Interest Directorate – Government Relations Office

Participated in legislative and advocacy work, including the preparation of briefing documents, white papers, fact sheets, testimony, and letters addressed to Members of Congress on two major mental health reform bills. Acted as a consultant for Rep. Judy Chu (D-CA) and Grace Napolitano's (D-CA) bill introduced in the 115th Congress, entitled the "Stop Mental Health Stigma in Our Communities Act (H.R.5234)." Assisted with the preparation of congressional briefings on topics such as Native American suicide, immigration, and health disparities among men and boys. All work was related to influencing legislative and regulatory activities impacting vulnerable populations.

2012 – 2016

GRANT REVIEWER

Virginia Department of Education (Richmond, VA)

21st Century Community Learning Centers

Reviewed and scored grants for supplemental academic programs serving high-poverty and low-performing schools around the Commonwealth of Virginia. 21st CCLC is a grant program funded by the U.S. Department of Education that helps students to meet state standards in Science, Technology, Engineering, and Math (STEM) subjects.

R E S E A R C H E X P E R I E N C E

2017 – 2018

RESEARCH ASSOCIATE

Virginia Commonwealth University (Richmond, VA)

Center for Culture Experiences in Prevention

Responsibilities included development of manuscripts and grants around HIV and sexual risk behaviors among older African American women, development of intervention protocols, and analysis of qualitative focus group data.

2011 – 2017

GRADUATE RESEARCH ASSISTANT

Virginia Commonwealth University (Richmond, VA)

Department of African American Studies (PI: Guy)

Department of Psychology (PIs: Belgrave, Everhart, Hagiwara)

2011 – 2017

Evaluated culturally-tailored HIV and substance abuse prevention interventions among African American college students. Responsibilities included development of manuscripts and grants, assessing program implementation and fidelity, and disseminating findings at state and national conferences (PI: Belgrave).

2014 – 2015

Assisted with grant development from several, multi-site data sets on colorectal cancer screening, tobacco use, e-Cigarette use, and alcohol use. (PI: Guy).

2012 – 2013

Assisted with development of a grant for a community-based participatory research intervention on cultural factors affecting pediatric asthma (PI: Everhart).

2012 – 2013

Managed and supervised a large undergraduate research lab. Assisted with development of methods for a study examining patient and physician interactions and implicit bias. Assisted with development of methods for a study examining racial discrimination, prototypical names, and Afrocentric facial features (PI: Hagiwara).

PUBLICATIONS

REFEREED JOURNAL ARTICLES

1. **Javier, S. J.**, & Belgrave, F. Z. (In press). "I'm not White, I have to be pretty and skinny": A grounded theoretical exploration of body image and eating disorders among Asian American women. *Asian American Journal of Psychology*. doi: 10.1037/aap0000133.
2. Moore, M. P., Kwitowski, M., & **Javier, S. J.** (2017). Examining mental health predictors of dual contraceptive method use in college women. *Sexual and Reproductive Healthcare, 12*, 24-29. doi: 10.1016/j.srhc.2017.01.004.
3. Abrams, J. A., **Javier, S. J.**, Maxwell, M. L., Nguyen, A. B., & Belgrave, F. Z. (2016). Distant but relative: Similarities and differences in gender role beliefs among African American and Vietnamese American women. *Cultural Diversity and Ethnic Minority Psychology, 22*(2), 256-267. doi: 10.1037/cdp0000038.
4. **Javier, S. J.**, Abrams, J. A., Moore, M. P., & Belgrave, F. Z. (2016). Change in risk perceptions and marijuana and cigarette use among African American young adult females in an HIV prevention intervention, 1-9. *Journal of Racial and Ethnic Health Disparities*. doi: 10.1007/s40615-016-0313-1.
5. **Javier, S. J.**, Abrams, J. A., Moore, M. P., & Belgrave, F. Z. (2016). Condom use efficacy and sexual communication skills among African American college women. *Health Promotion Practice*. doi: 1524839916676253.
6. **Javier, S. J.**, Moore, M. P., & Belgrave, F. Z. (2016). Racial comparisons in perceptions of maternal and peer attitudes, body dissatisfaction, and eating disorders among African American and White women. *Women & Health, 56*(6), 615-633. doi: 10.1080/03630242.2015.1118721.
7. Moore, M. P., **Javier, S. J.**, Abrams, J. A., & Belgrave, F. Z. (2016). Ethnic comparisons in HIV testing attitudes, HIV test behavior, and predictors of HIV testing among Black and White college students. *Journal of Racial and Ethnic Health Disparities*. doi:10.1007/s40615-016-0259-3.
8. **Javier, S. J.**, & Belgrave, F. Z. (2015). An examination of influences on body dissatisfaction among Asian American college females: Do family, media, or peers play a role? *Journal of American College Health*. doi: 10.1080/07448481.2015.1031240.
9. **Javier, S. J.**, & Belgrave, F. Z. (2015). Critical synthesis package: Cultural Competence Self-Assessment Questionnaire–Service Provider Version (CCSAQ-SP). *MedEdPORTAL Publications*. Available from: <https://www.mededportal.org/publication/10180>. doi: 10.15766/mep_2374-8265.10180.
10. Snipes, D. S., Green, B. A., **Javier, S. J.**, Perrin, P. B., & Benotsch, E. B. (2014). The use of alcohol mixed with energy drinks and experiences of sexual victimization among male and female college students. *Addictive Behaviors, 39*(1), 259-264. doi: 10.1016/j.addbeh.2013.10.005.
11. **Javier, S. J.**, Belgrave, F. Z., Vatalaro Hill, K. E., & Richardson, J. T. (2013). Examining ethnic and gender differences in normative perceptions of substance use versus actual use among typical college students. *Journal of Ethnicity in Substance Abuse, 12*(3), 228-241. doi: 10.1080/15332640.2013.798847.
12. **Javier, S. J.**, Perrin, P. B., Snipes, D. S., Olivera, S., Perdomo, J., Arango, J., & Arango-Lasprilla, J. (2013). The influence of health-related quality of life on sexual desire in individuals with spinal cord injury from Colombia, South America. *Sexuality and Disability, 31*(4), 325-335.

BOOK CHAPTERS

1. Belgrave, F. Z., Abrams, J. A., **Javier, S. J.**, & Maxwell, M. L. (2014). More than an African American facilitator and a prayer: Integrating culture and community into HIV prevention programs for African American girls. In T. Bourama (Ed.), *Frontiers of Multidisciplinary Research in S.T.E.A.M.-H (Science, Technology, Engineering, Agriculture, Mathematics, and Health)*, vol. 90 (pp. 147-160). New York, NY: Springer.
2. **Javier, S. J.**, Abrams, J. A., Maxwell, M. L., & Belgrave, F. Z. (2013). Determining beauty: Body dissatisfaction among African American, Asian American, and Latina women. In L. Sams and J. Keels (Eds.), *Handbook on Body Image: Gender Differences, Sociocultural Influences and Health Implications* (pp. 139-168). New York, NY: Nova Science Publishers.

MANUSCRIPTS UNDER REVIEW OR UNDER REVISION

1. Belgrave, F. Z., **Javier, S. J.**, Butler, D. S., Richardson, J. T., Dunn, C., & Bryant, L. (Revise and resubmit). "I don't know and I don't want to know": Older African American women's knowledge and experiences with HIV. *Journal of Black Psychology*.
2. **Javier, S. J.**, Hood, K. B., & Belgrave, F. Z. (Under review). The "poom and the pang": A qualitative exploration of body image among African American young adult women. *Ethnicity & Health*.
3. **Javier, S. J.**, Hood, K. B., & Belgrave, F. Z. (Under review). Evaluation and feasibility of a culturally-tailored eating disorder prevention intervention. *Evaluation and Program Planning*.

MANUSCRIPTS IN PREPARATION

1. Hood, K.B., & **Javier, S. J.** (In prep). Gender-related factors in motivations to seek psychiatric treatment among military service members. (Plan to submit to *Journal of Counseling Psychology*)
2. Wilson, C. M., **Javier, S. J.**, & McGuire, D. B. (In prep.) An interdisciplinary concept analysis of body image and its application in nursing science and clinical research. (Plan to submit to *Nursing for Women's Health*)

OTHER PUBLICATIONS

1. **Javier, S. J.** (2016). No progress, no change: HIV funding stagnant for third year in a row. *Psychology Benefits*. Washington, DC: American Psychological Association. Blog post. Retrieved from <https://psychologybenefits.org/2016/04/13/no-progress-no-change-hiv-funding-stagnant-for-third-year-in-a-row/>.
2. **Javier, S. J.**, & Maxwell, M. L. (2013). Evaluation of the Crater Health District cultural competency and diversity training workshop, March 2013. Virginia Commonwealth University, Richmond, VA. Technical Report.
3. Belgrave, F. Z., **Javier, S. J.**, Brevard, J. K., & McKeown, T. (2012). Evaluation of the Life Stage Program. Virginia Commonwealth University, Richmond, VA. Technical Report.

SCHOLARLY PRESENTATIONS

INTRAMURAL PRESENTATIONS

1. **Javier, S. J.**, Moore, M. P., & Belgrave, F. Z. (2016, April). Not otherwise specified: Racial comparisons in maternal and peer influences on body dissatisfaction and eating disorders among African American and White women. Poster presented at the 2016 *Graduate Student Symposium*. Virginia Commonwealth University, Richmond, VA.
2. Wilson, C. M., **Javier, S. J.**, McGuire, D. B., & Belgrave, F. Z. (2016, April). A conceptual analysis of body image as related to sexual health in clinical psychology, medicine, and nursing literature. Poster presented at the 2016 *VCU Women's Health Research Day* conference. Virginia Commonwealth University, Richmond, VA.
3. Abrams, J. A., **Javier, S. J.**, & Belgrave, F. Z. (2015, April). The raise 5 project: HIV prevention among African American college students. Poster presented at the 2015 *Graduate Student Symposium*. Virginia Commonwealth University, Richmond, VA.
4. Moore, M. P., **Javier, S. J.**, Abrams, J., Walton, D., & Belgrave, F. Z. (2015, April). Differing predictors of HIV testing among Black and White college students. Poster presented at the 2015 *Graduate Student Symposium*. Virginia Commonwealth University, Richmond, VA.
5. Keynote speaker. (2015, February). Diversity Scholars in Research Week. Virginia Commonwealth University, Richmond, VA.
6. Invited panelist for "Girl Rising" documentary. (2013, January). Plenary discussion organized by the School of Education. Virginia Commonwealth University, Richmond, VA.
7. **Javier, S. J.**, Maxwell, M. L., Abrams, J. A., & Belgrave, F. Z. (2013, April). Determining beauty: Body dissatisfaction among African American, Asian American, and Latina women. Poster presented at the 2013 *VCU Women's Health Research Day* conference. Virginia Commonwealth University, Richmond, VA.
8. **Javier, S. J.**, & Belgrave, F. Z. (2013, April). An examination of body dissatisfaction among Asian American females in emerging adulthood. Poster presented at the 2013 *Graduate Student Symposium*. Virginia Commonwealth University, Richmond, VA.
9. Snipes, D. S., **Javier, S. J.**, Maxwell, M. L., Abrams, J. A., & Benotsch, E. G. (2012, April). Sexism as a predictor of condom use. Poster presented at the 2012 *Graduate Student Symposium*. Virginia Commonwealth University, Richmond, VA.
10. Abrams, J. A., **Javier, S. J.**, Belgrave, F. Z., & Vatalaro Hill, K. E. (2012, April). Risky sexual behaviors and mental health outcomes among female college students. Poster presented at the 2012 *VCU Women's Health Research Day* conference, Richmond, VA.

EXTRAMURAL PRESENTATIONS

1. **Javier, S. J.**, Moore, M. P., & Belgrave, F. Z. (2016, August). Not otherwise specified: Racial comparisons in body dissatisfaction and eating disorders. Poster presented at the 2016 *Association of Black Psychologists Conference*, Arlington, VA.

2. Richardson, J. T., Belgrave, F. Z., Abrams, J. A., Maxwell, M. L., **Javier, S. J.**, Brevard, J. K., and Paige, M. A. (2016, May). Raise 5 project evaluation: Implications and lessons learned. Paper presented at the 2016 *International Union for Health Promotion and Education* conference, Curitiba, Brazil.
3. Robertson, T., Hussein, A., & **Javier, S. J.** (2016, April). Differences in victimization among Black, Hispanic, and White college women. Poster presented at the 2016 *Virginia State University Black Psychology Conference*, Petersburg, VA.
*Poster presented by undergraduate research assistants
4. Guy, M. C., Fagan, P., Halquist, M., **Javier, S. J.**, Pokhrel, P., Herzog, T. A., Franke, A., Jorgensen, D., Lynch, T., Laguna, I., Eissenberg, T., & Addictive Carcinogens Workgroup. (2016, March). How much nicotine is in your e-juice? Results from electronic cigarette liquid refill samples collected in two major U.S. cities. Poster presented at the 2016 *Society for Research on Nicotine & Tobacco* conference, Chicago, IL.
5. **Javier, S. J.**, Moore, M. P., & Belgrave, F. Z. (2015, November). Not otherwise specified: Racial comparisons in maternal and peer influences on body dissatisfaction and eating disorders among African American and White women. Poster presented at the 2015 *American Public Health Association* conference, Chicago, IL.
6. Invited talk for the Psychology in the Public Interest Program. (2015, March). What you see is what you get: Determinants and outcomes of body dissatisfaction among ethnic and racial minority women. North Carolina State University, Raleigh, NC.
7. **Javier, S. J.**, Brevard, J. K., and Paige, M. A. (2014, November). Raise 5 project evaluation: Implications and lessons learned. Paper presented at the 2014 *American Public Health Association* conference, New Orleans, LA.
8. Invited expert discussant (2014, November). Cosmetic surgery among ethnic minority women. Richmond Local News NBC 12, Richmond, VA.
9. Bays, A., Snipes, D. J., Brevard, J. K., **Javier, S. J.**, Perrin, P. B., & Benotsch, E. G. (2014, August). Moderators and mediators of the relation between religiosity and support for gay and lesbian civil rights. Poster presented at the 2014 *American Psychological Association* conference. Washington, DC.
10. **Javier, S. J.**, Belgrave, F. Z., Vatalaro Hill, K. E., & Richardson, J. T. (2012, June). Examining ethnic and gender differences in normative perceptions of substance use versus actual use among typical college students. Poster presented at the 2012 *College of Problems on Drug Dependence Annual Meeting*, Palm Springs, CA.
11. **Javier, S. J.**, & Belgrave, F. Z. (2012, April). Cool, dangerous, and all over my desktop? Examining the predictors of cigarette smoking among youth. Poster presented at the 2012 *Virginia Youth Tobacco Projects (VYTP) Annual Meeting*, Richmond, VA.
12. Vail, K., Wyland, C. W., & **Javier, S. J.** (2010, January). The effect of an ego threat on perspective taking. Poster presented at the 2010 *Society for Personality and Social Psychology* conference, Las Vegas, NV.

TEACHING APPOINTMENTS

- August 2012 – May 2017 **UNDERGRADUATE RESEARCH MENTOR**
Virginia Commonwealth University (Richmond, VA)
Center for Cultural Experiences in Prevention
- June – July 2014 **ADJUNCT INSTRUCTOR**
Virginia Commonwealth University (Richmond, VA)
Course: Psychology of Women (Undergraduate)
- June – July 2013 **ADJUNCT INSTRUCTOR**
Virginia Commonwealth University (Richmond, VA)
Course: Health Psychology (Undergraduate)
- August – December 2012 **TEACHING ASSISTANT**
Virginia Commonwealth University (Richmond, VA)
Course: Health Psychology (Undergraduate)
Supervisor: Eric Benotsch, PhD

AWARDS & HONORS

- 2016 **CAROL WILLIAMS-NICKELSON AWARD FOR WOMEN'S LEADERSHIP AND SCHOLARSHIP IN WOMEN'S ISSUES**
American Psychological Association of Graduate Students
Washington, DC
- OUTSTANDING HEALTH PSYCHOLOGY GRADUATE STUDENT AWARD**
Virginia Commonwealth University
Richmond, VA
- 2015 **GRADUATE RESEARCH TRAVEL GRANT**
Virginia Commonwealth University
Richmond, VA
- 2015 **INTERCULTURAL CANCER COUNCIL STUDENT TRAVEL AWARD**
13th Annual Disparities in Health in America: Working Towards Social Justice Workshop
Health Disparities, Education, Awareness, Research, & Training (HDEART) Consortium
Houston, TX
- 2015 **BUILDING FUTURE FACULTY PROGRAM FELLOW**
North Carolina State University
Raleigh, NC
- 2014 **GRADUATE RESEARCH TRAVEL GRANT**
Virginia Commonwealth University
Richmond, VA

- 2012 **PRIMM-SINGLETON MINORITY TRAVEL AWARD**
College of Problems on Drug Dependence
Palm Springs, CA
- 2012 **GRADUATE STUDENT POSTER WINNER**
Virginia Youth Tobacco Projects - Virginia Foundation for Healthy Youth
Richmond, VA

S E R V I C E

DEPARTMENTAL SERVICE

- Student member of faculty tenure and promotion process (April – May 2017)
- Undergraduate Psychology student mentor (August 2011 – May 2012, August 2015 to present)
- Coordinator for VCU Health Colloquium brown bag series (August 2014 – May 2015)

SERVICE TO THE FIELD

- Ad hoc reviewer, *Cultural Diversity and Ethnic Minority Psychology*, 2014 - present
- Ad hoc reviewer, *Substance Use and Misuse*, 2014 – present

COMMUNITY OUTREACH

- Street University, Sydney, Australia (May - June 2010): Conducted a needs assessment of community providers around youth issues in the Liverpool, Fairfield, and Cabramatta suburbs
- Volunteer for St. Mary's Retirement Facility (New Orleans, LA, August - December 2009)
- Volunteer for Touro Hospital Brain Trauma Unit (New Orleans, LA, August - December 2008)

P E R S O N A L A F F I L I A T I O N S & O R G A N I Z A T I O N S

- American Psychological Association (2011 - present)
- American Psychological Association of Graduate Students (APAGS) (2011 – 2017)
- American Public Health Association (2014 – present)
- Society for Implementation Research Collaboration (2018 – present)